



18 – 21 November 2010, Manchester

GBSEX SPINNING COMPETITION/WORLD RECORD ATTEMPT 2010

Most Dance Spins in One Minute (By a Couple)

Date: Sunday 21 November 2010 @ 1.30 pm

Location: The Great British Salsa Experience, Manchester Town Hall (Banqueting Hall)

The current Guinness World Record™ is 195 spins achieved by Marina Femia (Italy) and Alexander Caicedo Sastoque (Colombia) on the set of Lo Show dei Record in Rome, Italy, on 27 March 2010.

Lisa Anscomb-Smith and Giles Eadle held the record prior to this. They achieved 125 spins at GBSEx in Manchester on 22 November 2008.

Competition Guidelines

General Rules

1 You must be a GBSEx ticket-holder, volunteer or artist working at GBSEx 2010 to enter.

2a Participants must enter one of the following 2 categories:

- i) Amateur Competition
- ii) Professional Competition

2b The winner in each category will receive the title 'GBSEx 2010 Amateur Spinner of the Year' and 'GBSEx 2010 Professional Spinner of the Year' respectively. The couple achieving the most spins, irrespective of category, will be put forward to Guinness in a world record-breaking claim made by GBSEx (assuming they achieve more than 195 spins).

2c Any couple well-versed in the technique of salsa dancing may compete in the Amateur category. If either member of the couple has received payment for teaching and/or performing salsa dance at any time within the last 3 years, the couple must enter the Professional category.

Specific Rules

The Great British Salsa Experience™

33 Green Walk, Manchester, M16 9RE T: +44 (0)161 881 4604

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1. Each couple can attempt the ‘most dance spins’ twice.
2. Couples can be same sex or mixed.
3. Couples must comprise one Leader and one Follower (The Follower being The Spinner) and roles cannot change during the attempt.
4. The couple must be facing each other at the start of the attempt.
5. One spin equals one 360 degree turn by the Follower back to face the Leader.
6. Spins can be to the right or to the left, or a mix of both during the attempt.
7. The couple can change hands during the attempt, but double-handed spins are not permitted.
8. The couple must maintain contact with at least one hand at all times.
9. The couple is permitted to stop and take a break during the attempt, if required, and can restart at any time (but must maintain contact – see Specific Guideline No. 8 above). The clock does not stop, however!
10. Spins and/or pivot turns are permitted.
11. Spins and/or pivot turns are permitted, on any timing.
12. The couple is permitted to move around the floor area while spinning, and/or stay on the spot.
13. The attempt can take place with or without music. Music can be provided by the organisers, if required, or can be of the couple’s choosing.

Responsible Parties

Organiser: Kate Moore, The Great British Salsa Experience

Co-ordinator: Mel C, Salsa Central

Witness 1: Simon Taylor (UKA qualified)

Witness 2: tbc (UKA qualified)

Time-Keeper 1: tbc

Time-Keeper 2: tbc

Media Coverage: tbc

Photographer: tbc

Video Camera: tbc

Further Information

Entering the competition – mel@salsa-central.com

Press/sponsorship enquiries – kate@thegreatbritishsalsaexperience.com

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